

University of Pretoria Yearbook 2018

Sociology of recreation and sport 351 (MBK 351)

Qualification	Undergraduate
Faculty	Faculty of Humanities
Module credits	10.00
Prerequisites	Admission into relevant programme
Language of tuition	Afrikaans and English are used in one class
Department	Sport and Leisure Studies
Period of presentation	Quarter 4

Module content

*Closed – requires departmental selection

Most people in contemporary societies are involved in sport and leisure, which has led to it becoming an integral part of society. As an institution of social life it has impact on culture, values, norms and standards but in return is also influenced by these aspects. Behaviour patterns of involvement in leisure and sport are studied which include status, relationships and economic activity. A darker side has also been exposed which include disparities, discrimination, scandals and even violence. The aim of the study of human behaviour in these settings is to refute concepts, adjust policies and programmes and to expand the field of study.

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